

Influenza A/H1N1 Update

WHAT YOU NEED TO KNOW

WHAT IS HAPPENING IN MEXICO:

- The World Health Organization (WHO) has maintained their stance of not restricting international travel or the closing of borders.
- As of 06:00 GMT, May 8th 2009, 24 countries have officially reported 2384 cases of influenza A(H1N1) infection.
- Mexico's H1N1 cases are distributed across 25 states, with 496 cases in Mexico City. The next-highest accumulation is in the surrounding state of Mexico, with 89 confirmed cases, followed by San Luis Potosi (58), Hidalgo (54) and Zacatecas (33).
- In regards to the spread of the illness on a national level, the Ministry of Health reports that Mexico is seeing a trend in the reduction of new cases.
- Riviera Nayarit has not reported cases of the H1N1 virus to date.
- Chichen Itza, one of the new Seven Wonders of the World located in the State of Yucatan, is operating normally.
- Additional museums and archaeological sites reopening are: the Museum of the Maya Culture, in Chetumal, the sites of El Rey and El Meco in Cancun, San Gervasio and El Cedral, in Cozumel, Tulum and Coba in Riviera Maya and Chacchoben, Kohulich, Kinichna, Dzibanche, Oxtankah, Xpuhil and The Fort of San Felipe Bacalar, in the south of the State. Tulum by Night show will remain closed until further notice.
- Theme parks in Cancun/Riviera Maya, like Xcaret and Xel-Ha, remain open and with normal operations.



TRAVEL TIPS

- Wash your hands often with soap and water, especially after coughing or sneezing. Alcohol-based hand cleaners are also effective.
- If you experience Influenza-like symptoms please do not self-medicate, contact your resort's doctor or nurse.
- Follow recommended sanitary measures when visiting crowded areas, such as museums or archeological sites.



WHAT THE MEXICAN GOVERNMENT IS DOING:

- ✓ The way in which the Mexican government responded to the outbreak of influenza was exemplary, stated the Centers of Disease Control and Prevention (CDC) Director, Richard Besser. "What we have learned in Mexico has been incredibly important for our efforts here in the US and I want to personally thank the public health community in Mexico for their efforts."
- ✓ President Felipe Calderon said the country's capacity to test flu samples has been greatly expanded to 700 a day, and the government will continue to boost this capacity.
- ✓ Restaurants, cafes, administrative offices and court buildings have reopened and officials are making sure health requirements are being met.
- ✓ Universities and high schools opened on Thursday.
- ✓ Elementary and Preschool children should report back to school on Monday, May 11th.

FOR MORE INFORMATION WHILE IN MEXICO:



- Contact your Embassy or Consular Office in the destination where you are located.
- Tourism information and assistance: in the U.S 1-800-44-MEXICO, in Europe 00-800-1111-2266, and in Mexico 078
- Ministry of Health call center in Mexico 01-800-123-1010
- Visit the mexico-update page through www.visitmexico.com or directly at www.mexico-update.com
- Updates and complete information about Influenza A/H1N1 from the Center for Disease Control and Prevention are available at: www.cdc.gov/h1n1flu
- For health questions and concerns visit www.who.int